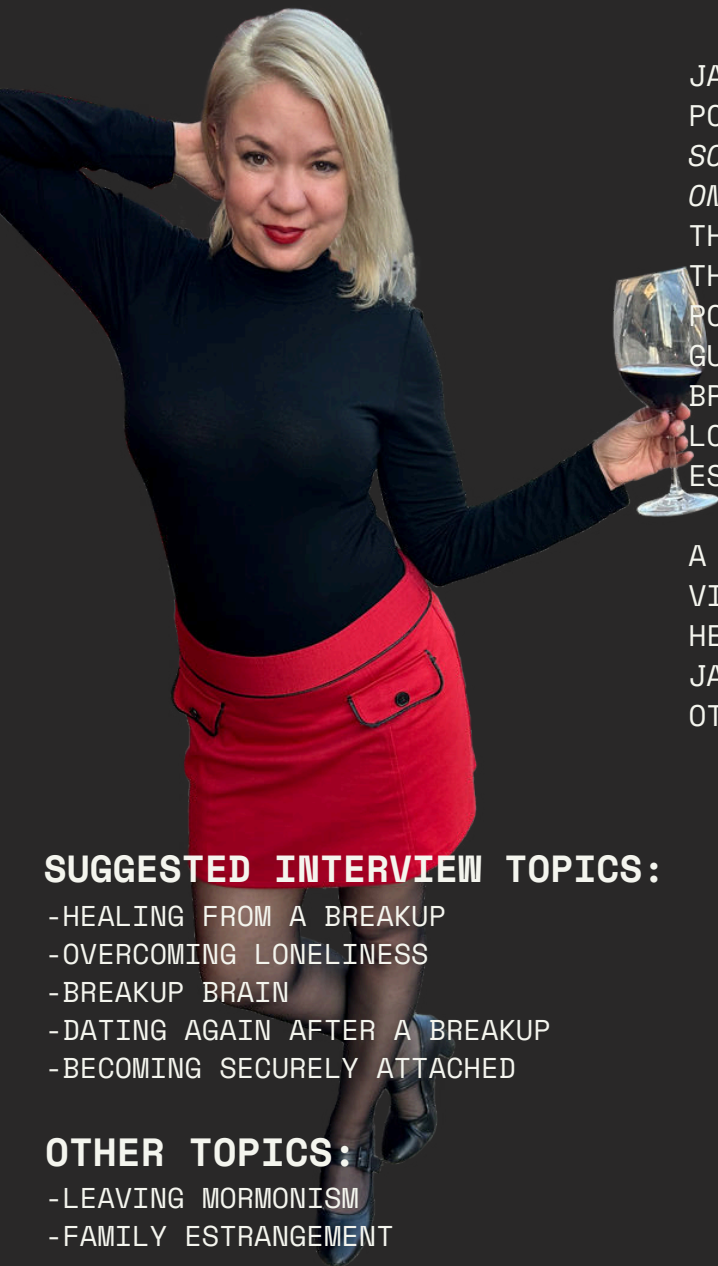


# JANICE FORMICHELLA



JANICE FORMICHELLA IS A BREAKUP/DATING COACH AND PODCAST PRODUCER. SHE IS THE HOST OF *SEX AND THE SOLO GIRL* AND *BREAKUPS, BROKEN HEARTS, AND MOVING ON*. SHE WORKS ONE-ON-ONE WITH INDIVIDUALS AROUND THE WORLD TO HEAL FROM A BROKEN HEART AND TURN THE END OF A RELATIONSHIP INTO THE BEGINNING OF A POWERFUL NEW CHAPTER IN LIFE. A REGULAR PODCAST GUEST, JANICE SPEAKS ON THE PSYCHOLOGY OF BREAKUPS, HEALING FROM HEARTBREAK, OVERCOMING LONELINESS, SECURE ATTACHMENT, AND FAMILY ESTRANGEMENT.

A FORMER MEMBER OF THE MORMON CHURCH, A DOMESTIC VIOLENCE SURVIVOR, AND SOMEONE WHO CONSIDERS HERSELF TO HAVE HIT ROCK BOTTOM MORE THAN ONCE, JANICE THRIVES OFF OF USING HER STORY TO HELP OTHERS.

## SUGGESTED INTERVIEW TOPICS:

- HEALING FROM A BREAKUP
- OVERCOMING LONELINESS
- BREAKUP BRAIN
- DATING AGAIN AFTER A BREAKUP
- BECOMING SECURELY ATTACHED

## OTHER TOPICS:

- LEAVING MORMONISM
- FAMILY ESTRANGEMENT

## AS HEARD ON:

- SOLO W/ DR. PETER MCGRAW
- SHOT AT LOVE
- LOVE MACHINE
- DEAR MATCHMAKER
- LOVE YOU EVEN MORE
- THE UNSCRIPTED PODCAST
- AND MORE!

## PODCASTS:

- SEX AND THE SOLO GIRL
- BREAKUPS, BROKEN HEARTS, AND MOVING ON

## CONTACT /CONNECT

 [BREAKUPSPodcast@GMAIL.COM](mailto:BREAKUPSPodcast@GMAIL.COM)

 (720)203-7651

 [BROKENHEARTREPAIRKIT.COM](http://BROKENHEARTREPAIRKIT.COM)

 JANICEFORMICHELLA

*J. Formichella*